

My China Story

我和中国的故事

2019 届博士研究生

Syeda Madiha Zahra

My interest in China was sparked at a young age when my brother joined Xi'an Jiaotong University for MBBS. Inspired by his stories, I decided to pursue higher education in China. I was fortunate enough to secure a position at Harbin Medical University under CSC scholarship. Receiving the final selection email from Harbin Medical University was a "Dream Come True" moment for me. I was overjoyed and immediately informed my family & friends of the wonderful news. Everyone was happy. But my father had doubts, it was difficult for me to convince him that a girl, and specially a girl Alone, can travel with safety and security. And the biggest concern about traveling to china was LANGUAGE. But because I was destined to come to china, he agreed too. Later, a lot of his doubts were dispelled, and he is more than satisfied with my stay in this wonderful land.

小时候，我的哥哥作为一名医学生在西安交通大学读书，我被他的经历鼓舞，决定去中国接受高等教育，这便是我和中国有关的所有故事的开始。很幸运地我获得了来自哈尔滨医科大学的 CSC 奖学金。收到来自“哈尔滨医科大学”的录取通知书对我来说是一个“梦想成真”的时刻。我欣喜若狂，立即将这个好消息告诉了我的家人和朋友。大家都很高兴。但是我父亲有一些担心，他很难相信我一个女孩可以独自在中国学习和生活，除此之外语言也是一个很大的顾虑。但因为我非常坚定地要前往中国，父亲只得同意。渐渐地，我在中国这片神奇的土地上的种种经历不仅让他的许多顾虑消除了，还让他十分满意我当时的选择。

I was very excited to learn about the Chinese culture because I feel that I am highly qualified to conduct with different people from different regions. So, now after spending almost five years in China, China's diverse cultural norms and values, the famous gentle hospitality of its people and Pakistan-China all weather friendly relations, acceptance and peace to both sides in great clarity has made me feel China as my second homeland. The fast-growing economy, technological advancement and the global ranking education institutes of China with high reputation makes a great aspiration to the students and professionals for the better career perspectives. This kind of positivism has boosted my confidence further. And I am highly satisfied with the decision I have made; my family, too, supports my choice for China being my preference for doctoral studies and then postdoctoral training. All these reasons put together have made China an ideal place for me to pursue my early career goals.

我很高兴能了解中国文化，我也乐于与来自不同地区不同的人进行交流。因此，在中国生活了近五年后，中国多元的文化和价值观、中国人民的热情好客、中巴两国全天候的友好关系以及双方互相接纳和平共处的态度，让我清楚地感觉到中国就是我的第二故乡。中国经济的快速发展、科技的进步以及世界一流的教育质量，使众多的学生和专业人士对中国更好的职业前景产生了强烈的渴望。这些事实进一步增强了我的信心。我非常满意自己的决定，我的家人也同样支持我继续在中国完成博士研究和博士后培训。这一切都使中国成为我追求职业目标的理想之地。



Syeda Madiha Zahra 和她的导师杨宝峰院士

I'm particularly impressed by the advancement of china in science and technology, and specially their implementation in culture and among common people and almost everywhere. Ease of payments via WeChat and Alipay never ceases to amaze me, and I would like to see these systems in my own country. Chinese people have developed everything they need, right from daily use to billion dollars science and technology projects. Determination and hard work are the players. Science and technology are at the center of everyday life in China. It can be seen in schools, on the streets and at homes. I am glad to witness this all and wish to see this all in my country. Its satisfying to think that I'll be a product of such a crop of people with a strong science and technology background. Being a doctoral student under the worthy supervision of an eminent and well-known scientist Professor Dr. Yang Baofeng (the then President of Harbin Medical University) provided me with an environment that suited my academic and scholastic needs perfectly and enabled me to actively conduct research in accordance with my interest in a research project as a doctoral candidate. Thanks to the guidance of my supervisor and then co-supervisor Prof. Bai Yunlong, and support from my colleagues, I was able to publish articles in reputed SCI journals. This working experience enlightened my theory and research skills.

我对中国在科学技术方面的进步印象尤为深刻，微信和支付宝支付的便捷一直让我感到惊讶，我也希望日后可以在我自己的国家看到这些。中国人创造了他们所需要的一切，从日常生活到巨额投入的科技项目。坚定的决心和努力工作的态度是一切的关键。科学技术成为是中国日常生活的一部分，在街上、学校和家里随处可见。我很高兴见证了这一切，也希望有一天这些也可以在我的国家实现。一想到我会成为这样一群有着深厚科技背景的专家的学生，我感到很骄傲。在著名科学家杨宝峰教授（时任哈尔滨医科大学校长）的悉心帮助下，我在攻读博士学位期间拥有了一个满足了我全部学术和学习需要的环境，这使我能够根据我对研究项目的兴趣积极开展各项研究。正是在我的导师和当时的副导师白云龙教授的指导以及同事们的支持下，我得以在著名的 SCI 期刊上发表文章。这段工作经历使我的理论研究和科研能力都有了很大的提升。



Syeda Madiha Zahra 在实验室

After completing my PhD, I embarked on the next academic chapter of my life and joined Zhejiang University for my postdoctoral training. I joined a prestigious lab supervised by an eminent professor in the School of Medicine. Together with its eminent faculty, excellent research facilities, pleasant institution ambience and balanced academic program, I felt confident that this is the right place to embark upon my postdoctoral training. The positive and welcoming attitude of the supervisor and team members boosted my morale and encouraged me to contribute positively. Till now in my postdoc, I published a commentary in Science, followed by several articles as contributing author in the respected journals like ATVB, Cell res., Star Protoc., Front. Mol. BioSci. and J. Thorac Dis., as well as preprints with the Lancet and in medRxiv etc. My current research is centered on exploring the role of immune cells and underlying molecular mechanisms in respiratory diseases. My research team has influenced me by the way their research addresses biological questions at molecular, genetic and cellular level. It's a privilege to be an active and involved member of the scientific community at this University.

在完成博士学位学习后，我开始了人生的下一个学术篇章，加入浙江大学进行博士后培训。我进入了一个著名的实验室，接受一位著名教授的指导。加上浙江大学杰出的师资、卓越的研究设施、宜人的学院氛围和为学生定制的学习计划，我相信这是一个十分适合我进行博士后研究的地方。导师和团队成员们积极的态度鼓舞着我积极贡献。到目前为止，我在《科学》杂志上发表了一篇评论，随后又在 ATVB、Cell res、Star Protoc、Front 等著名期刊及 Mol.BioSci.和 J.Thorac Dis.、柳叶刀以及 medRxiv 等的预印本上发表了文章。我目前的研究集中于探索免疫细胞的作用和呼吸系统疾病的潜在分子机制。我的研究团队在分子、基因和细胞水平上解决生物学问题的方式对我产生了很大的影响，能成为这所大学科研团队中的一名成员是我的荣幸。



Syeda Madiha Zahra 在浙江大学进行科研工作

Summarizing all written above, I believe that my experiences and life in china till now have broadened my perspective on life and provided me with the opportunity to further improve and explore my skills, as well as to explore and learn more about Chinese culture, during my stay in China.

我相信到目前为止，我在中国的学习和生活经历拓宽了我对生活、对世界的看法，也让我有机会进一步提升自己的各项能力，为更好地探索和学习中国文化提供了更多的机会。



校友信息

Syeda Madiha Zahra，女，巴基斯坦籍，我校 2019 届博士研究生，药理学专业，师从杨宝峰院士，现在浙江大学从事博士后研究工作。